The Nation’s Leading Center for
DUAL DIAGNOSIS
ADDITION TREATMENT
ORANGE COUNTY, CALIF.

FEATURED ON

Dr. Phil
NATIONAL GEOGRAPHIC
BLOGHER

A&E
NALUDA

CBS Los Angeles

U.S. News
The Addict’s Mom
RENEW EVERYDAY.COM
SPECIALIZING IN DUAL DIAGNOSIS DISORDERS

Our recovery programs emphasize individualized treatment plans for dual diagnosis clients, providing not only a freedom from addiction and alcoholism but also a freedom from the tight constraints of mood disorders that often propel addiction.

Our therapy methods include the extremely effective Cognitive Behavioral Therapy and Dialectical Behavioral Therapy methods, which are scientifically proven to aid recovery of dual diagnosis patients.

We believe in the holistic treatment of the mind, body, and spirit, implementing wolf-assisted therapy, equine therapy, surf therapy, nutritional counseling, yoga, massage therapy and more to aid in the dual diagnosis recovery process. Our highly experienced and educated dual diagnosis treatment team has successfully treated over 1,000 clients. Our integrated approach to addiction treatment allows for an effective cohesion between substance abuse treatment and lifelong recovery.

Our Vision – To inspire trust and confidence as a dual diagnosis treatment provider of choice.

We are accredited by both The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities making us one of the highest accredited treatment centers.
Individualized TREATMENT PROGRAMS

DUAL DIAGNOSIS
Dual diagnosis treatment addresses the relationship between addiction and mental health disorders. Patients receive individualized treatment for both substance use disorders and co-occurring disorders.

MEDICAL DETOX
As a precursor to effective psycho-therapeutic treatment, medical detox addresses and mitigates the physical withdrawal symptoms.

RESIDENTIAL TREATMENT
Individuals benefit from higher levels of care that may not be available through multiple outpatient sessions.

EXECUTIVE 35+
We preserve privacy for our clients who are seeking a more professional and age-appropriate treatment experience.

LGBTQ+
We transcend cultural barriers with successful interventions and dual diagnosis treatments specific to the needs of the LGBTQ+ community.

TRAUMA FOCUSED
This is a specialized approach which takes into account the client’s history of exposure to a variety of recent and remote traumatic events.

INTENSIVE OUTPATIENT & SOBER LIVING
Clients receive assistance in their transitional phase with continued accountability, such as group sessions, urine analysis and sobriety maintenance.

EXTENDED AFTERCARE
Clients are equipped with tools such as job skills, anger management techniques and a social support network that will empower them to sustain a meaningful life of sobriety.

admissions@newmethodwellness.com
We’ve Been There, We Know What It’s Like

MEET OUR FOUNDERS

New Method Wellness was founded in 2006 by Ed & Susie Hopson-Blum with Bing Crosby & Deanna Jordan joining as board members in 2011.

ED BLUM
CADC, Chief Executive Officer

Ed’s leadership style allows him to connect with clients; his vested interest in each person’s progress lets clients know have a personal ally.

SUSIE HOPSON-BLUM
CADC, Intake Director

Having been in recovery for over 25 years, Susie has been a vital member of the recovery community ever since she went into treatment in 1988.

BING CROSBY
BA, Chief Financial Officer

Bing oversees the organization’s payer relations, support services, legal, standards and compliance, and health information management areas.

DEANNA M. JORDAN
LMFT, LAADC, Clinical Director

DeAnna supervises our caring clinicians who provide support throughout a client’s stay. She has over 20 years of experience working in recovery.

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Talk about a top-shelf program, I mean these guys are good!

★★★★★ – Dr. Phil
What Sets Us Apart

TREATMENT METHODS

**ADDITION PSYCHIATRY**
Techniques such as pharmacotherapies and behavioral therapies are used to treat addiction.

**PSYCHONEUROPLASTICITY**
This brain-based therapy (PNP) rewires the brain to produce lifelong changes.

**EVIDENCE-BASED**
Dialectical Behavioral Therapy, Cognitive Behavioral Therapy and Solution-Focused Therapy are clinically proven to be effective.

**HOLISTIC APPROACH**
Yoga, Meditation, Acupuncture, Massage, and Art Therapy are all a part of our holistic approach.

**NUTRITIONAL COUNSELING**
Nutritional intervention has been demonstrated to improve treatment outcomes.

**WOLF & EQUINE THERAPY**
The positive therapeutic alliance between animals and humans improve the outcome of treatment goals.

**ADVENTURE THERAPY**
Activity-based approaches like Surf Therapy are effective alternatives to traditional face-to-face interventions.

**PROCESS GROUPS**
Clients can openly share about their struggles and concerns in an open and trusting environment.
Well-Appointed Accommodations

OUR BEAUTIFUL LOCATIONS

FLORES HOUSE | Capistrano Beach, Calif.

LA JOLLA HOUSE (men’s 35+) | San Juan Capistrano, Calif.

CAPO HOUSE | Capistrano Beach, Calif.
The primary goal at New Method Wellness is to provide a safe haven for our clients, a place to which they can escape the depths of substance abuse and find a helping hand.

View more photos at NewMethodWellness.com
TAKE THE FIRST STEP

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